

Preparation Tips and Reminders

- Please read and be familiar with all the information contained in your handout.
- **If you are taking any medication, please complete the Medical Information Form**, seal it in an envelope, write your name and car number on the envelope, and give it to the registration staff. The envelope will be only be opened in the unlikely case that you need medical attention from the EMT staff.
- Clothing: Comfortable clothing is recommended. **Long pants and long sleeve shirts are required**, as are leather or canvas shoes with socks. Be prepared for all types of weather.
- Arrive at the track with a full tank of fuel. Add extra air in your tires. 6-8 PSI over normal pressure is a good guideline to start. Check pressure at the start of each day.
- Helmets must be Snell 2000 or higher (effective 1/1/2009). The club has helmets available if you do not own one.
- Car Preparation: Before entering the track or pit area, remove **EVERYTHING** from both the trunk and interior of your car. This includes door pockets, under seats, glove box, floor mats, loose change, and visor attachments.
- You must have a tech inspection dot and a run group number on your windshield before you enter the track. **Car numbers must be on the passenger side of rear window.**
- Be in the staging area and ready to GO five minutes BEFORE it is time for your run group. Schedules are in this packet. Run groups will be announced over the loudspeaker. Be belted in with you helmet on before entering the pit area. Make sure the passenger seatbelt is ready for your instructor.
- All drivers must have an instructor with them at all times until they are signed off and the sign off sticker is applied to their car.
- Sun roofs must be closed.
- The driver side window must always be completely **closed**. If there is a passenger in the car, the passenger side must be completely **closed** as well.
- Know the flags and passing rules contained in this packet.
- In all sessions, run the first lap at reduced speed. Take time to warm up your tires and yourself. Drive your own line. Do not follow someone else's mistakes.
- **DO NOT USE THE EMERGENCY BRAKE.** Park the car in gear.
- **NO ALCOHOLIC BEVERAGES OR DRUGS ARE ALLOWED AT ANY TIME AT THE TRACK. THIS APPLIES TO PARTICIPANTS AND GUESTS.**
- Drive within your ability. This is a fast track where one can quickly get into trouble. **NO RACING IS ALLOWED.** Drive safely. Have fun!

General Rules

- No one will be allowed to participate while under the influence of drugs or alcohol.
- **Passengers are NOT allowed.** The only persons allowed on the track are instructors and registered participants.
- All convertibles **MUST** be equipped with a roll bar.
- Any camera and video devices must be securely mounted. No hand held devices are allowed in the car.
- Track and insurance regulations prohibit the timing of vehicles or any type of competitive driving.